

## **Background**

Karauli district known as DANG and one of the most backward districts of the state require attention every aspect of development specially in health sector.

People of this district deprived from primary health care even though from last five years there is not a single ophthalmologist appointed in the entire district. It's an adverse situation to the population at large in this era.

Thus NIRA has also planned to organize a free eye care services through oragnizinf operation camp with the financial assistance from Jaipur world City Society, and DBS and FLWB/WILD GEESE Foundation the Netherlands.

## **Goal**

The ultimate goal of the Free Eye Camp was to be transplant the lenses in eyes of the cataract patients so that their eye vision improved and d their work independently

## **Objectives**

The main objectives of the camp were:

- ❖ Informed the community at large through various communications and media sources about the camp and availability of services in the camp
- ❖ Registered all participating patients in the camp
- ❖ Eye check ups and diagnosis of all registered patients in camp.
- ❖ To made aware to the all diagnosed patients about healthy care of their eyes.
- ❖ To operate all identified the cataract patients for installation of lenses through operations.
- ❖ Follow up and guidance of operated patients for effective and successful operations.

## **Methodology**

The following methodology was adopted to make the camp successful, result oriented and beneficial to the patients.

## **Permission and Sanction**

The Institute received the written permission and sanction from Dr. C. I. Meena, Chief Medical & Health Officer, Karauli to organize the free eye camp at Kela Devi, Karauli form February 22 to 24, 2007. The copy of the approval in enclosed at Annexure-I

## **IEC Activities**

To communicate the massage of organization of the camp to community at large the following activities were planned:

- ❖ Distribution of handbills
- ❖ Display of Posters
- ❖ Display of Banners
- ❖ News in Local News Paper
- ❖ Slides on local TV Cable
- ❖ Announcement by mike / audio cassette
- ❖ Personal Contacts
- ❖ Household contacts

### **Disinfected the operation room and wards**

It was jointly decided with doctor's team that operation room and all wards would be disinfected so that infection could not be transmitted to the patients.

### **Registration of the all patients**

It was decided that all patients would be registered so that maximum benefit can be given to the patients for identification of eye operations and general check up.

### **Operation of the patients**

All identified patients would be operated within the time period of the camp so that ultimate goal of the camp could be achieved.

### **Photography of operated patients**

Group Photographs would be taken so that an authentic record of the patients could be maintained and submitted to the funding agency.

### **Follow up Activities**

#### **Activities Organized**

The following activities were organised for making the camp successful and result orientated.

#### **Distribution of handbills**

To disseminate the message about the camp three thousand handbills were distributed in the surrounding villages in the 15 Kms of the radius. The copy of the handbill is at Annexure-IV

#### **Display of the Posters**

To communicate the date and place of the camp the posters have been displayed at the major public gathering points in the covered villages. A sample copy of poster is at Annexure-V

#### **Display of the Banners**

To communicate the message to community at large twenty banners have been displayed at the major transportation points, Important public gathering points with a message of date, venue, doctors team, facilities and attendants instructions along with the supporting and organizing agencies.

### **News in local Newspaper**

Although; the majority of population effected by this problem illiterate and aged but news paper has authentic source of the information. Local newspaper is common and most famous in the area. Before the camp a message to inform the people has been published and after the camp the total number and the general information with the precaution has been disseminated to the local population.

### **Slides on local TV cable**

Before 20 days of the date of camp the informative slides were visualized on television through the local TV cable. By this type of information urban population could be informed.

### **Announcement through mike and audio cassette**

To convey the message of free eye camp in remote area, a jeep with facility of mike, loud speaker and dubbed cassette was played.

### **Disinfected the operation room and wards**

The operation room and all wards were disinfected on 21<sup>st</sup> Feb, 2007.

### **Inauguration of the camp**

The free eye camp was inaugurated by hon'ble Krishna Chandra Pal, Ex. Empire, Karauli Estate by lighting in front of the poster of Goddess Kela Devi. He pointed out the gaps in health care services not only at the primary but also secondary and tertiary levels. Since freedom; we are struggling even to primary health care in the area in particular.



Hon'ble Ex. Empire Krishan Chandra Pal & Dr, C. L. Meena, CM&HO, Karauli at the inauguration session.

But due to geographical terrain the task is toughest. I have asked an institutional representative that "Few months ago an eye camp has been organized at the same place and now why do you intend to organize at the same place?" Now, the gathering is itself an answer. And there is also a question "How much the cataract patients to be treated or operated in the district?" District Blindness Committee organizing the eye operation camp since last few years and are the good efforts.

Only eye is not the health problem in the area but also there is need to organize separate camps for other diseases. Kela Devi Trust Hospital will be functionalizing very shortly. The accessibility for the services to Lehman through hospital will be the priority.



Ex. Empire Krishan Chandra Pal addressing at the inauguration session. Again he appreciated the efforts to serve the society.

Dr. C. L. Meena, CM&HO, Karauli said that *Nar Seva Narayan Seva. God be happy on servein to man.* There are lots of credits in organizing the eye camps in Dang area of Karauli. Dr. Jhamman Lal Meena, Deputy CM&HO, Karauli discussed on the eye care. He said, "Eye is provident of our body" Mr. Brij Lal Dikoliya, Zonal Presedent, BJP-Sapotara, Karauli, Dr. N. L. Sharma, Senior Specialist, NIRA, Dr. RamKesh Meena, MOIC-Kela Devi, Karauli also spoken in the inauguration.



A view of participants at EYE CAMP inauguration

Mr. Narendra Jangid presented the organizational efforts in the district and enlighten the last free eye camp experiences in brief and also explained the publicity of the camp. Mr. Jangid welcomed the people from the different destinations & described the facilities available in the camp.

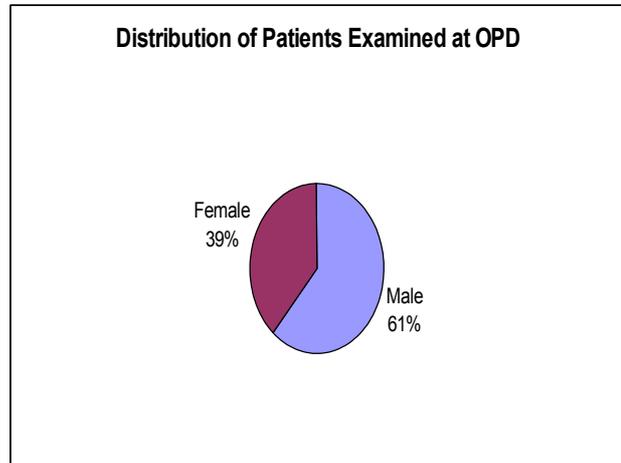
He humbly thanked to the guests and people on participating in the inauguration session and welcome to the services; first of all at registration table.

## Registration

Two NIRA officials have registered the all male and female patients approached to the camp. 188 Male and 119 Female, total 307 patients were registered in the camp.

## Diagnosis

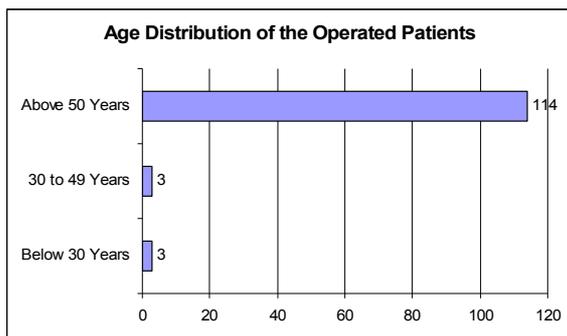
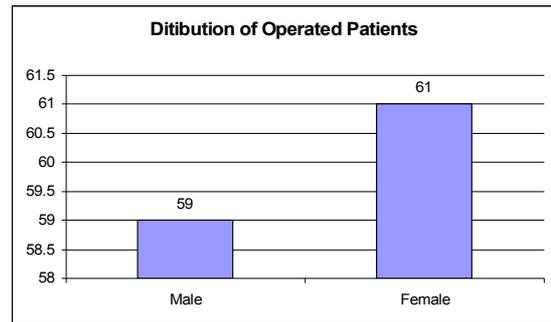
All the registered patients diagnosed and 124 identified to the cataract operation in the out door of the patients and admitted for the operation. It has been accomplished till the evening so that those patients who were not identified to the operation could reach to home back in time. The medicines were also distributed to the eye patients



## Profile of the Operated Patients

### Sex:

Out of 124 identified only 120 had undergone the cataract eye operation. Out of these 120 59 were male and 61 were female.

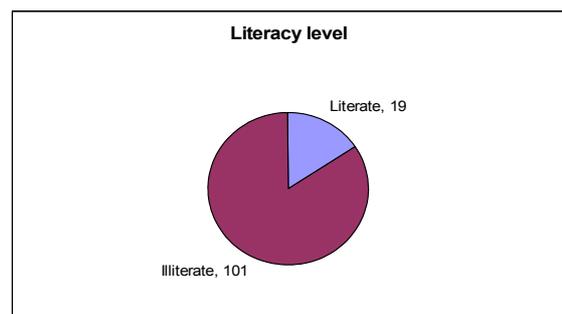


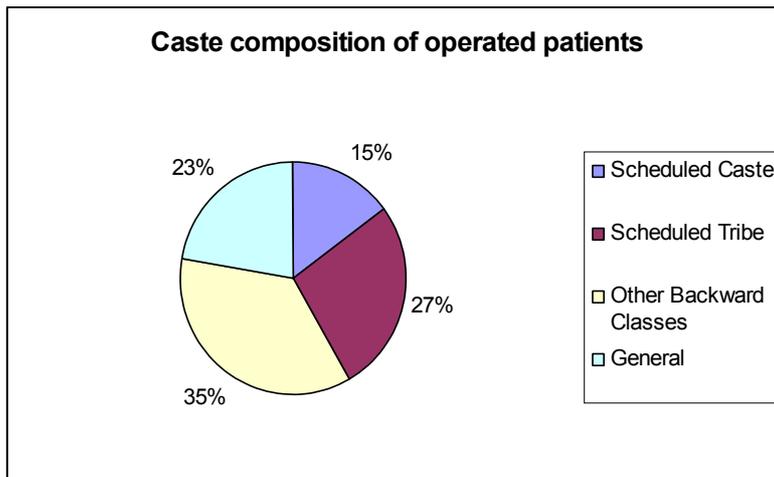
### Age Distribution:

The analysis of data refers that the majority of the operated patients belongs to old age group. 114 were from the age group of above 50 years and 03 from 30 to 40 yrs. Age group, rest 03 were from below 30 years age group.

### Education Level:

On the basis of two parameters the data short reflects that only 19 operated patients were literate, rest 101 were illiterate.





### Caste Composition of the operated patients:

The analysis refers to caste based equity in the operated patients according to the demographic indicators, as 35, 27, 23 & 15 percent as OBC, ST, General and SC accordingly.

### Health Check ups

Screened patients have been undergone the different tests before the operation. The blood pressure, blood, complete urine, Hb., history of the patients have been the main tests for the patients.



Dr. Kamal Sehara, M.S. (Opthe.) and Dr. Sumit Mittal, M.S. (Opthe.) examine the patients at OPD.

### Operation of the patients

After admission of the patients and concerning test reports three times disinfection process followed by removing hairs from eye led and eye brow.

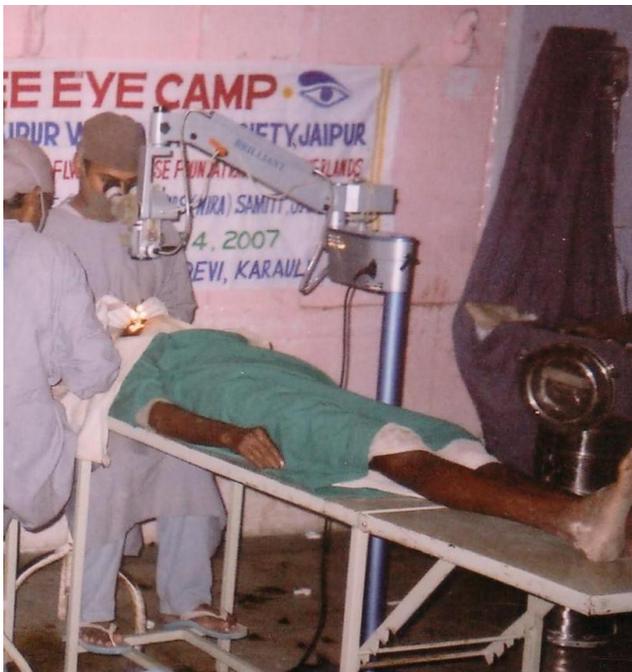
Import the block and preparation for the operation in the operation room.



Out of 124 patients admitted 120 have been operated. 4 patients with plan cataract and 116 patients operated with IOL lenses in to three batches.



A view of operation room; Dr. Sumit Mittal with his assistant at an operation



Dr. Kamal Sehara at operation room.

### Post Operative Care:

During the whole night the patients had observed by NIRA officials and eye team members. They were advised to do not use the pillow and curve. Simple pain reliefs were also provided to the patients during night. In next day morning the bandages of the operated eye had changed with the new cotton and eye drop and timely followed.



Eye team members with patients for change the cotton and bandage.



A view of patients with Eye team members to change the cotton and bandage  
**Photography**

On third day the group photographs had taken. 18 to 24 patients had covered in the group photographs.

### Closing ceremony

Mr. Sita Ram Sharma, eye team representative explain the precautions for the eye. The operated patients should prevent their eyes from dust and fog. He also explained the medicines given again. Mr. Kamal Singh asked to come on the first follow up on March 13, 2007 at same place on 1000hrs.

Mr. Girdhari Singh,  
Manger, Kela  
Devi Trust  
addressing  
the closing  
ceremony on  
Feb. 24, 07.



The camp was sum up with a closing ceremony chaired by Mr. Girdhari Singh, Manager, Kela Devi Trust, Karauli. He said that “I am very happy to say that the camp has accomplished with a vision of 120 persons. They could be able to do their works more efficiently and independently.” He distributed the blankets to the operated patients and voluntaries who served in the camp.



A view of  
operated  
patients with  
their  
attendants at  
closing  
ceremony

Free Eye Camp Report

Jaipur World City Society, Jaipur & FLWB/WILD GEESE FOUNDATION THE NETHERLANDS SUPPORTED

**Mr. Kamal Singh delivered the vote of thanks to the all participants for the camp, attendants, volunteers, press reports and Kela Devi Trust for providing their invaluable support.**

## News Clippings



A view of Inauguration session



Pre Information about Camp schedule

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## दैनिक भास्कर

जयपुर (करौली-हिंडौन सिटी), शुक्रवार 23 फरवरी, 2007

# डांग क्षेत्र में चिकित्सा की कमी : पूर्व नरेश

भास्कर न्यूज. कैलादेवी

पूर्व नरेश कृष्णचन्द्र पाल ने कहा कि डांग क्षेत्र में चिकित्सा सेवा की कमी है। ऐसे में इस क्षेत्र में नेत्र शिविर के अलावा अन्य बीमारियों के भी शिविर लगाना आवश्यक है।

पूर्व नरेश गुरुवार को कैलादेवी स्थित बड़ी धर्मशाला में जिला अधिक्ता निवारण समिति करौली, वर्ल्ड सिटी सोसायटी जयपुर व स्थानीय कैलादेवी मंदिर ट्रस्ट के सहयोग से नीरा संस्थान द्वारा आयोजित विशाल नेत्र शिविर के उद्घाटन शिविर को संबोधित कर रहे थे। उन्होंने कहा कि मेले के बाद क्षेत्र में अन्य बीमारियों के भी शिविर लगाए जाएंगे। पूर्व नरेश पाल ने कहा कि करौली जिले में कई महीनों से नेत्र चिकित्सा का बीड़ा उठाया है। वो सराहनीय है उन्होंने मंदिर संस्था द्वारा बनाए गए नवीन चिकित्सालय का जिक्र करते हुए कहा कि इस



कैलादेवी। निःशुल्क नेत्र चिकित्सा शिविर को संबोधित करते पूर्व नरेश।

अस्पताल को सभी सुविधाओं से युक्त बनाया जाएगा। जिससे हर मौसम में सभी को उचित चिकित्सा सुविधा मिल सके।

इस अवसर पर कार्यक्रम की अध्यक्षता कर रहे मुख्य चिकित्सा एवं स्वास्थ्य अधिकारी डा. सीएल मीणा ने कहा कि नर सेवा नारायण सेवा हैं। उन्होंने कहा कि जिंदा मनुष्य की सेवा

करने पर भगवान भी खुश होते हैं। डांग क्षेत्र में लगाए शिविरों का विशेष महत्व है। इस अवसर पर उन्होंने रोगियों को इंगित करते हुए आंखों की उचित देखभाल करने की सलाह दी। इस अवसर पर उप मुख्य चिकित्सा एवं स्वास्थ्य अधिकारी डा. झम्मनलाल मीणा ने भी आंखों को शरीर की निधि बताते हुए रोगियों को

विसतार से आंखों के बारे में बताया।

सपोटरा भाजपा पूर्व मंडल अध्यक्ष बृजलाल डिकोलिया ने कहा कि पूर्व नरेश के सहयोग से करौली अस्पताल का काया कल्प हुआ है। इसी तरह कैलादेवी में भी चिकित्सा सेवा के लिए दृढ़ संकल्पित पूर्व नरेश के सहयोग से डांग क्षेत्र के लोगों को बेहतर चिकित्सा सेवा मुहैया हो सकेगी। उद्घाटन से पूर्व मुख्य अतिथि पूर्व नरेश कृष्ण चन्द्र पाल ने मां कैला के छायाचित्र के समक्ष दीप प्रज्वलित करके किया इससे पूर्व मुख्य अतिथि पूर्व नरेश कृष्ण चंद्र पाल, अध्यक्ष मुख्य चिकित्सा अधिकारी डा. सीएल मीणा, उप मुख्य चिकित्सा एवं स्वास्थ्य अधिकारी डा. झम्मनलाल मीणा, डा. नंदलाल शर्मा, शिशु एवं बाल रोग विशेषज्ञ डा. रामकेश मीणा का नीरा संस्थान के कार्यकर्ताओं ने माल्यार्पण कर स्वागत किया।

Hon'ble Krishan Chandra Pal addressing at inauguration session

Rajasthan Patrika, 23<sup>rd</sup> February, 2007; Page 10

# प्रयास बनेगा वरदान



कैलादेवी में आयोजित नेत्र चिकित्सा शिविर में बोलते कृष्णचंद्र पाल।

करौली ,22 फरवरी (का.सं.)। नीरा संस्थान करौली व जयपुर वर्ल्डसिटी सोसायटी के संयुक्त तत्वावधान में जिला अंधता निवारण समिति के सहयोग से गुरुवार को कैलादेवी की बड़ी धर्मशाला में निःशुल्क नेत्र चिकित्सा व लैस प्रत्यारोपण शिविर शुरू हुआ है। करौली राजपरिवार प्रमुख कृष्णचंद्र पाल मुख्य चिकित्सा एवं स्वास्थ्य अधिकारी डॉ. सी.एल. मीणा, उपमुख्य चिकित्सा अधिकारी डॉ. जे.एल. मीणा तथा भाजपा नेता ब्रजलाल डिकोलिया ने मां कैलादेवी के चित्र के समक्ष संयुक्त रूप से दीप प्रज्वलित कर इस शिविर का उद्घाटन किया।

इस अवसर पर कृष्णचंद्र पाल ने कहा कि आस्थाधाम में अंधी आंखों को रोशन करने का प्रयास क्षेत्र के नेत्र रोगियों के लिए वरदान साबित होगा। उन्होंने कहा कि स्वयंसेवी संस्थाओं का शक्तिपीठ में ज्योतिदान के पुनीत कार्य के आगे आना धर्म और कर्म की उक्ति को साकार करेगा। पाल ने संस्थान के समन्वयक से सुरक्षित

मातृत्व व एड्स जांच व उपचार के शिविर लगाने के आग्रह के साथ इनके आयोजन में कैलादेवी मंदिर ट्रस्ट चिकित्सालय से सहयोग उपलब्ध कराने का आश्वासन दिया। इस अवसर पर डॉ. सीएल मीणा ने स्वयंसेवी संस्थाओं से डांग क्षेत्र में अंधता निवारण के अधिकाधिक कैंप लगाने की अपील की। नीरा संस्थान के कार्यक्रम प्रबंधक नरेंद्र जांगिड़ ने संस्थान की स्वास्थ्य संरक्षण में विभिन्न क्षेत्रों में संचालित योजनाओं की जानकारी दी।

उन्होंने बताया कि इससे पूर्व करौली में आयोजित नेत्र शिविर में 138 लोगों के ऑपरेशन किए गए। संस्थान के डॉ. नंदलाल शर्मा ने अतिथियों का स्वागत किया तथा समन्वयक कमलसिंह ने शिविर के बारे में जानकारी दी। उद्घाटन के बाद शिविर में आए नेत्र रोग विशेषज्ञ डॉ. सुमित मित्तल व डॉ. कमल सेहरा ने ऑपरेशन भर्ती के लिए रोगियों का जांच परीक्षण का कार्य शुरू किया।

निःशुल्क  
नेत्र शिविर  
शुरू

Dainik Navjyoti, 23<sup>rd</sup> February, 2007; Page 13



